

# Many Immigrants Could Lose SNAP

If you or someone in your family is an immigrant and gets SNAP (food stamps), new rules may put your benefits at risk.

## New Restrictions on SNAP Eligibility for Immigrants

As the result of a new federal law, some immigrants who have been eligible for SNAP will now no longer be eligible. Under the changes, only these groups are eligible for SNAP:

- **U.S. Citizens**
- **Green card holders** (lawful permanent residents)
  - Some green card holders must wait five years before they can get SNAP. Here are some green card holders who do not have to wait five years: 1) those who had refugee, asylee, or T-Visa status before getting their green cards, 2) children under 18, and 3) adults receiving Medical Assistance for a disability.
- **Cuban or Haitian entrants**
  - A Cuban/Haitian entrant is a person who either 1) was granted parole to enter the U.S., even if the parole is now expired or they now have another immigration status, or 2) has a pending asylum application or 3) is in removal proceedings but does not have a final, enforceable order of removal.
- **Citizens of Micronesia, Palau, or the Marshall Islands** (COFA nations)

**If you are not in one of the groups listed above, you will no longer be eligible to receive SNAP under the new rules.**

## Take action now to protect your benefits.

- If you have a green card, make sure your County Assistance Office (CAO) has a copy of it.
- **Watch for letters or notices** from the CAO asking about your immigration status.
- **Appeal SNAP cut off notices right away.** When the CAO makes a mistake about your SNAP, filing an appeal is almost always the best way to get that mistake fixed.

**No longer eligible for SNAP? You might be able to get help at your local food pantry. Check these resources to find out if help is available:**

- [www.FeedingPA.org](http://www.FeedingPA.org)
- [www.pa.gov/agencies/pda/food/food-assistance/food-security-in-pennsylvania/food-resources-for-pennsylvanians](http://www.pa.gov/agencies/pda/food/food-assistance/food-security-in-pennsylvania/food-resources-for-pennsylvanians)

