

TRAINING & ENGAGEMENT CATALOG

WINTER & SPRING 2024

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GETTING THE MOST OUT OF THIS CATALOG

USING THIS GUIDE

From comprehensive disaster preparedness courses to specialized training in recovery, volunteer management, and rebuild operations, the opportunities in this catalog strive to foster a culture of preparedness and strengthen the collective ability of communities to mitigate the impact of disasters. Training and other Community of Practice events have been organized by month. Icons and color scales have been utilized to differentiate content. All LDR events are free and open to the public. To register, visit LDR's online Learning Management System at https://collabornation.net/login/LDR.

Course Difficulty

Courses from Lutheran Disaster Response are free and open to the public, and we encourage all who are interested to join and participate. While many of our trainings are geared towards individuals just beginning their disaster response and recovery journey, other courses are designed to be taken sequentially. As students advance through each lesson, skills are taught and built upon. The following color scale system has been implemented to visually share with participants the difficulty or recommended knowledge level for each course:



Suggested Prerequisites

LDR might suggest prerequisites before attending a particular course. Most prerequisites are available on LDR's online training system and can be accessed as most convenient to the learner. In all courses, the prerequisites are only suggestions and are designed to provide students with the foundational knowledge needed to succeed. Due to time constraints, not all courses will have the opportunity to cover these foundational items as a part of the regular training. Prerequisites are identified in the following way:

SUGGESTED PREREQUISITES: Introduction to Disaster or Just in Time: Disaster Response

Have a question about a course or a prerequisite? Reach out to Sean Coffman, Program Director for Training and Networks, at <u>Sean.Coffman@ELCA.org</u>.

OPPORTUNITIES

Over 15 different trainings, workshops, and networking opportunities are offered January through May. Here's a look at how to distinguish each of the opportunities:



In-Person Training or Gathering

Opportunities in dark blue with an icon of people are in-person events or gatherings. Information about the hosting location is beneath the course title. Events are held on a single or multiple days.



Opportunities in green with an icon of the globe are facilitated online trainings hosted on Zoom. These online sessions encourage engagement through participation, surveys, small group discussions, and more.



Partner Spotlight

Opportunities in orange with an icon of a spotlight are *Partner Spotlight* sessions. Lutheran Disaster Response partners from around the world will share about innovative work they are doing in their communities.



ELCA Office Closure

Throughout the year, ELCA offices are closed to celebrate and recognize a variety of holidays and cultural events. Those dates are included in this guide.

Have a question about an opportunity? Reach out to Sean Coffman, Program Director for Training and Networks, at <u>Sean.Coffman@ELCA.org</u>.

TRAINING & ENGAGEMENT SCHEDULE

JANUARY



Thursday, January 25

LDR Connections to Synods and Congregations

2:00 p.m. ET | 1:00 p.m. CT | 12:00 p.m. MT | 11:00 a.m. PT 2 hours | Online via Zoom *Facilitator: Sean Coffman*

LDR Connections to Synods and Congregations is designed to help synods and congregations understand the different ways to be involved in disaster response. The course identifies the different phases of a disaster and examines disaster's broader definition, from weather-related events to care for the creation, school shootings, and water crises. The course also covers the importance of volunteers. It prepares participants with an overview of forms, processes, orientation, and ways to best utilize volunteers in the ways your synod or congregation may want to become involved with Lutheran Disaster Response.



Wednesday, January 31 Environmental Justice 101

4:00 p.m. ET | 3:00 p.m. CT | 2:00 p.m. MT | 1:00 p.m. PT 90 min | Online via Zoom *Facilitator: Rev. Matthew Zemanick*



Environmental Justice 101 is an interactive workshop which will provide a brief history of the concept of environmental justice, a survey of current issues, and important considerations for disaster response, recovery, and resilience work in "environmental justice" communities.



Rev. Dr. Allison Stacey Parvin with special guests at an in-person training in Bolivar County, Mississippi.

FEBRUARY



Wednesday, February 7, and Thursday, February 8 Introduction to Disaster Case Management



9 a.m. to 4 p.m. each day | Lunch provided | Kansas City, Mo. Presented in partnership with the Kansas City Regional COAD Attendance at both days required | <u>Register Online</u> *Facilitators: Maryn Olson and Kristyne Duffy*

In this interactive, two-day, in-person course, participants will learn about disaster case management, its role in disaster recovery, and the benefits a disaster case manager can offer to communities impacted by disaster.

Participants will learn about disaster case management and essential considerations affecting a client's recovery through discussion, individual activities, and group training exercises. This course explores the vital skills and considerations needed to be a disaster case manager, demonstrates techniques for working with clients and the development of a recovery plan, and how to present a client's case to a Long-Term Recovery Group for funding.

Lutheran Disaster Response and its affiliates developed this course to build the capacity to sustain professional, standardized disaster services, strengthen the resilience of communities affected by disasters that receive little attention, and reduce people's suffering, especially vulnerable populations who are often underserved and uninsured. This course is designed for anyone interested in helping the community after a natural or human-caused disaster.



Tuesday, February 20 Faith Community Disaster Preparedness 11:00 a.m. ET | 10:00 a.m. CT | 9:00 a.m. MT | 8:00 a.m. PT 60 min | Online via Zoom



Join LDR and Crisis Care Ministries for a discussion about *Faith Community Disaster Preparedness*. The discussion is part of CCM's Trauma-Informed Faith Communities project, and their live webinar series "Navitaging the Storm."

The Trauma-Informed Faith Communities project is designed to strengthen the capacity of faith and community leaders to better respond to individuals and communities affected by and at risk for experiencing numerous crises and disasters.

PRESENTED IN PARTNERSHIP WITH CRISIS CARE MINISTRIES. TO REGISTER, FOLLOW THIS LINK.

Facilitator: LDR Staff

TRAINING & ENGAGEMENT SCHEDULE



Tuesday, February 27 Preparedness for Faith-Based Organizations 2:00 p.m. ET | 1:00 p.m. CT | 12:00 p.m. MT | 11:00 a.m. PT 2 hours | Online via Zoom



Preparedness for Faith-Based Organizations is a 2-hour course designed to precisely define organizational preparedness, and expand on what it entails, the six attributes of a prepared organization, and common challenges that organizations face in becoming prepared.

SUGGESTED PREREQUISITES: Introduction to Disaster or Just in Time: Disaster Response

ALSO AVAILABLE ONLINE AS A SELF-PACED MODULE

Facilitator: Sean Coffman





Tuesday, March 5 Access and Functional Needs in Disasters 2:30 p.m. ET | 1:30 p.m. CT | 12:30 p.m. MT | 11:30 a.m. PT 1 hour | Online via Zoom Facilitator: Grete Oanes



Access and Functional Needs in Disasters is a workshop that will explore what access and functional needs are, how they intersect with all phases of disaster, and what steps you can take to ensure the full needs of the community are being met.



Thursday, March 14 Connecting the Dots of Long-Term Recovery 2:00 p.m. ET | 1:00 p.m. CT | 12:00 p.m. MT | 11:00 a.m. PT 2 hours | Online via Zoom Facilitator: Sean Coffman

Connecting the Dots is good for all who are involved in or working with developing a Long-Term Recovery Group (LTRG). Long-term recovery has many different components, terminology, structures, and players. The players may be community groups, faith-based, other non-profit or for-profit organizations, and government partners and programs. The most important factor is the need to have the flexibility, to assist the individuals and families as they navigate the many issues, programs, and decisions they will face as they and the community move to "connect the dots" of recovery.

SUGGESTED PREREQUISITES: Introduction to Disaster or Just in Time: Disaster Response



Tuesday, March 19 Psychological First Aid: An Overview



2:00 p.m. ET | 1:00 p.m. CT | 12:00 p.m. MT | 11:00 a.m. PT 90 min | Online via Zoom *Facilitator: Kristyne Duffy*

Psychological First Aid (PFA): An Overview will introduce the principles and core actions of PFA and describe ways to apply them in post-disaster scenarios and with different survivor needs. PFA, the practice of recognizing and responding to people experiencing crisis-related stress, can be used to help yourself and others to cope in the face of stressful events.

SUGGESTED PREREQUISITES: Introduction to Disaster or Just in Time: Disaster Response

ALSO AVAILABLE ONLINE AS A SELF-PACED MODULE



Thursday, March 28 through Monday, April 1 ELCA Offices Closed for Holy Week





Monday, April 8, through Thursday, April 11 Mountain West Regional VOAD Conference All day | Seattle, Wash.

The Mountain West VOAD bolsters relationships and capabilities between states that experience similar challenges in disaster response, including Alaska, Colorado, Oregon, Idaho, Utah, Montana, Nevada, Nebraska, New Mexico, North Dakota, South Dakota, Washington, and Wyoming. Learn more about the <u>Mountain West VOAD here.</u>



Monday, April 8 and Tuesday, April 9 Mid-Atlantic Regional VOAD Conference



Noon Monday to noon Tuesday | Berkley Springs, W. Va.

This regional VOAD conference is being sponsored by the state VOADs within FEMA Region 3 and include Maryland VOAD, Delaware VOAD, Pennsylvania VOAD, West Virginia VOAD, DC VOAD and Virginia VOAD. The event will focus on the science behind the increased intensity and frequency of storms, and other effects communities will continue to see as the result of global warming and climate change. This first regional annual conference will take place at Cacapon State Park, Berkley Springs, W. Va. Learn more about this regional VOAD conference by contacting Rev. Phil Huber at <u>chairperson@marylandvoad.org</u>

TRAINING & ENGAGEMENT SCHEDULE





Monday, May 6 through Thursday, May 9 National VOAD Conference & CoP Dinner



9 a.m. to 4 p.m. each day | Lunch provided | Phoenix, Arizona *Conveners: Multiple LDR National Staff*

National VOAD is excited to announce the theme for the 2024 National VOAD Conference being held in Phoenix, Arizona, May 6-9 is "United in Service." The conference aims to minimize and alleviate the effects of disasters, encourage cooperation, communication, coordination, and collaboration, and enhance service delivery to affected communities.

Throughout the conference, LDR will host a booth, so plan to stop by and say 'hi' to LDR national staff or regional partners.

You're also invited to join LDR on Wednesday, May 8, for an evening dinner for informal networking with your Community of Practice peers. Keep your eyes out for an RSVP as we get closer to the conference.

Learn more about the conference at the NVOAD website.





Thursday, May 16 Western Region Community of Practice Discussion 2:00 p.m. ET | 1:00 p.m. CT | 12:00 p.m. MT | 11:00 a.m. PT 1 hour | Online via Zoom *Convener: Sean Coffman*

Join LDR's Western Region Community of Practice Discussion to network with peers and colleagues. This is a recurring, quarterly online gathering.

JUST IN TIME



A disaster has impacted your community. What do you do next? Recognizing the urgent and unpredictable nature of disasters, Lutheran Disaster Response understands the importance of rapidly deploying skilled responders to affected areas. *Just in Time Training* (JIT) delivers the information a community wants precisely when it needs it. Lutheran Disaster Response offers a variety of JIT training opportunities:

Online, In-Person and Hybrid Training

LDR has a variety of free, self-paced online courses for participants. Courses average approximately 60 minutes and cover various topics, from disaster overview, disaster case management, construction management, and psychological first aid. A complete list of online training can be found in this document or online on LDR's learning management system, CollaborNation, at https://collabornation.net/login/LDR

LDR can also help facilitate in-person training for newly formed Long-Term Recovery Groups, Disaster Case Managers, or Volunteer Managers. LDR will work with the community to determine which type of training is needed, the preferred date and time, and help provide a team of experienced leaders in the field. The duration of training varies from half-day to multi-day experiences. As stewards of the resources we've been granted, our general policy is to ask for a minimum of ten people for an in-person training. We're happy to offer virtual courses to smaller groups.

On-Going Mentorship and Collaboration

LDR can also provide on-going mentorship and collaboration for Synods, congregations, and Social Ministry Organizations working a disaster response. We connect your team to an experienced member from the LDR Community of Practice for phone or video conference calls designed to help you navigate specific questions or challenges that may appear in your work.

For more information on how to schedule Just in Time Training or access ongoing mentorship, contact <u>Sean Coffman</u>, Program Director for Training and Networks, or <u>Maryn Olson</u>, Director, Lutheran Disaster Response.

SELF-PACED ONLINE TRAINING

ONLINE TRAINING

Lutheran Disaster Response's online learning management system, CollaborNation, provides important foundational courses for participants to take at the convenience of their schedule. Courses are optimized for time (most can be completed in about an hour) and used on a computer, tablet, or phone. The subject matter of the online training covers diverse topics, from preparedness to long-term recovery, and is designed for various skill and experience levels. All courses are free and open to the public and can be accessed 24 hours a day at https://collabornation.net/login/LDR.



Disaster Case Management Part 1: Introduction to Disaster Case Management Average of 60 minutes | Online self-paced training

Disaster Case Management Part 1: Introduction to Disaster Case Management is a beginner-level course designed to teach participants the basics of disaster case management (DCM), its role in disaster recovery, and the benefits a disaster case manager can offer to communities impacted by disaster.

SUGGESTED PREREQUISITES: Introduction to Disaster or Just in Time: Disaster Response



Disaster Case Management Part 2: Core Considerations Average of 60 minutes | Online self-paced training

Disaster Case Management Part 2: Core Considerations is a beginner-level course designed to teach participants the basics of disaster case management (DCM), its role in disaster recovery, and the benefits a disaster case manager can offer to communities impacted by disaster.

Suggested prerequisites: Introduction to Disaster or Just in Time: Disaster Response, and Disaster Case Management Part 1: Introduction to Disaster Case Management



Introduction to Construction Management

Average of 60 minutes | Online self-paced training

Introduction to Construction Management is a beginner-level course designed to teach participants what construction management is, its role in disaster recovery and how the construction management process fits in with other long-term recovery activities.

SUGGESTED PREREQUISITES: Introduction to Disaster or Just in Time: Disaster Response

Introduction to Disaster



Four modules with an average of 60 minutes each | Online self-paced training

Introduction to Disaster is a foundational four-module course designed to give active disaster response or recovery participants the foundational tools needed to help their community. It is for individuals new to disaster response and provides a basic understanding of the agencies and organizations they may encounter. It also explains the phases of disasters, the services that may need to be developed, and the role of the local, state, and national emergency management agencies and offices of emergency management during the disaster's phases. Finally, it will offer ways your social ministry organization, synod, or congregation can assist in natural and human-caused disasters. This course is self-paced, and the modules can be taken independently. Each module takes approximately an hour, bringing the entire training to roughly four hours.



Just In Time: Disaster Response



Average of 60 minutes | Online self-paced training

Just In Time: Disaster Response is a shortened version of *Introduction to Disaster*. It covers the same information, in less depth, and is designed for participants responding to an active disaster or recovery response. This course is self-paced, and can be taken in roughly an hour.



Preparedness for Nonprofit and Faith-Based Organizations



Average of 60 minutes | Online self-paced training

Preparedness for Nonprofit and Faith-Based Organizations is an entry-level course designed to teach participants how organizational preparedness is defined, what it entails, the six attributes of a prepared organization, and common challenges that organizations face in becoming prepared.

SUGGESTED PREREQUISITES: Introduction to Disaster or Just in Time: Disaster Response

ALSO AVAILABLE IN SPANISH



Psychological First Aid: An Overview



Average of 60 minutes | Online self-paced training

Psychological First Aid (PFA): An Overview will introduce the principles and core actions of PFA and describe ways to apply them in post-disaster scenarios and with different survivor needs. PFA, the practice of recognizing and responding to people experiencing crisis-related stress, can be used to help yourself and others to cope in the face of stressful events.

SUGGESTED PREREQUISITES: Introduction to Disaster or Just in Time: Disaster Response

ALSO AVAILABLE IN SPANISH

THE FACILITATORS



This training cycle, Lutheran Disaster Response is thrilled to bring together a diverse group of experienced experts to share their real-world knowledge and wisdom in the disaster cycle with the Community of Practice. Each individual is deeply committed to disaster response and recovery and recognizes the critical importance of collaboration and knowledge-sharing in building resilient communities.



Sean Coffman HE/HIM/HIS

Program Director, Training and Networks, Lutheran Disaster Response <u>Sean.Coffman@ELCA.org</u>

Sean Coffman is a 7th generation descendant of German-Irish immigrants who made their homes in New York, Ohio, and Virginia. He is the son of a military family and the oldest of two boys. As a child of the U.S. Air Force, Sean grew up experiencing a diverse range of cultures and landscapes, including the forests of Ohio, the Rocky Mountains of Colorado, and the last frontier of Alaska. Before transitioning to long-term recovery with the Lutherans, he began his disaster work in 2011 with the American Red Cross. By 2012, he was responsible for managing, facilitating, and coordinating the effective delivery of all emergency services programs within a two-state region of nine counties with approximately 300,000 individuals. Delivery programs included preparedness, resiliency, mitigation, response, and recovery topics. Training and education were core to his work, and he is excited to bring his experience and excitement to Lutheran Disaster Response. Sean lives in Fargo, North Dakota, with his wife, Sonya.



Kristyne Duffy SHE/HER/HERS

National Trainer, Lutheran Disaster Response <u>Kristyne.Duffy@ELCA.org</u>

Kristyne Duffy is currently a National Trainer with Lutheran Disaster Response developing their online training courses and catalogue. In 2011, she graduated from Augustana College with a B.A. in Sociology and Psychology in 2011. After graduating, she joined Lutheran Social Services of South Dakota, working their refugee resettlement program before transitioning to disaster response in 2018. There, she was part of the Midwest Consortium for Disaster Services project through LDR until it ended in 2022. As Disaster Response Coordinator, she has assisted more than 50 disaster-impacted communities and participated in multiple declared and undeclared disasters across South Dakota. She is currently a member of the South Dakota VOAD and previously served as President and Secretary. Kristyne has over a decade of experience in the social services fields, volunteer management, training & development, and serving vulnerable populations.

FACILITATORS



Grete Oanes SHE/THEY

Midwest Regional Resiliency Representative, Lutheran Disaster Response <u>Grete.Oanes@ELCA.org</u>

Grete Oanes is the Midwest Regional Resilience Representative for Lutheran Disaster Response. She recently graduated from North Dakota State University with her Master's in Emergency Management and Disaster Science. Her research was focused on access and functional needs and their representation in local response plans. Grete previously worked on multiple political campaigns, including Senator Amy Klobuchar's presidential campaign.



Maryn Olson SHE/HER/HERS

Director, Lutheran Disaster Response <u>Maryn.Olson@ELCA.org</u>

Maryn has always had a strong sense of justice, and this passion motivates her work. She has worked in a variety of disaster-related roles. Maryn served as the director for two FEMA Disaster Case Management Program grants in response to widespread flooding in Missouri (2016-2019); worked with Camp Noah, a program serving children in disaster-impacted communities across the United States; coordinated long-term recovery in a small Iowa community after a massive immigration raid and the subsequent economic fallout; and served with HIV/AIDS programs of local Lutheran churches in South Africa and Namibia. She holds a Bachelor of Arts from Valparaiso University and a Master of Science (MSc) in Public Health in Developing Countries from the London School of Hygiene and Tropical Medicine. Maryn and her wife, Angela, live in St. Louis, MO.



Rev. Matthew Zemanick HE/THEY

Program Director, Initiatives, Lutheran Disaster Response <u>Matthew.Zemanick@ELCA.org</u>

Rev. Zemanick is the Program Director for the newly formed Initiatives Program at Lutheran Disaster Response. He has served as a community chaplain at the Southeast Environmental Task Force, and has diverse professional and educational experience in community-based development, intercultural relations, civil rights, and healing.



The LDR Community of Practice | November 2023

Lutheran Disaster Response



GET IN TOUCH

Sean Coffman Program Director for Training and Networks <u>Sean.Coffman@ELCA.org</u> | 773-380-5045 *Central Time Zone | Fargo, N.D.*